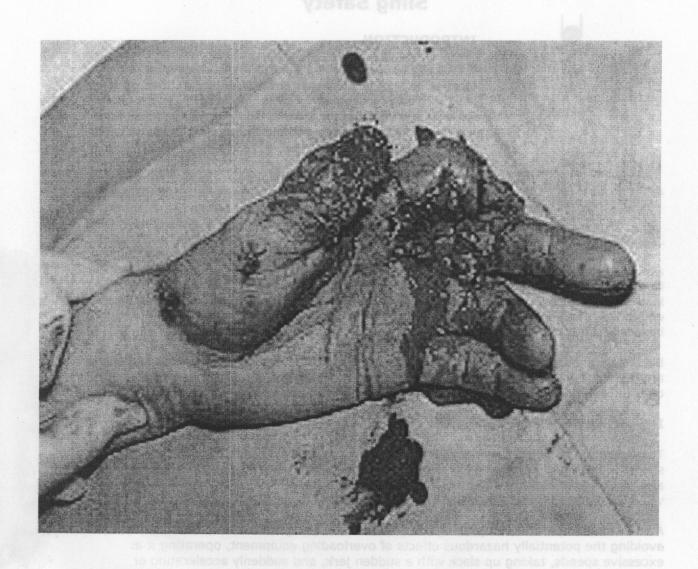
Why is sling safety important?

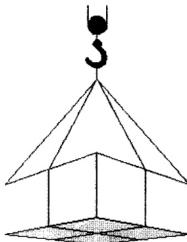


Enough said.

Construction Safety and Health Outreach Program

U.S. Department of LaborOSHA Office of Training and Education
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Sling Safety



INTRODUCTION

The ability to handle materials - to move them from one location to another, whether during transit or at the worksite - is vital to all segments of industry. Materials must be moved, for example, in order for industry to manufacture, sell, and utilize products. In short, without materials-handling capability, industry would cease to exist.

All employees in numerous workplaces take part in materials handling, to varying degrees. As a result, some employees are injured. In fact, the mishandling of materials is the single largest cause of accidents and injuries in the workplace. Most of these accidents and injuries, as well as the pain and loss of salary and productivity that often result, can be readily

avoided. Whenever possible, mechanical means should be used to move materials in order to avoid employee injuries such as muscle pulls, strains, and sprains. In addition, many loads are too heavy and/or bulky to be safely moved manually. Therefore, various types of equipment have been designed specifically to aid in the movement of materials. They include: cranes, derricks, hoists, powered industrial trucks, and conveyors.

Because cranes, derricks, and hoists rely upon slings to hold their suspended loads, slings are the most commonly used piece of materials-handling apparatus. This discussion will offer information on the proper selection, maintenance, and use of slings.

IMPORTANCE OF THE OPERATOR

The operator must exercise intelligence, care, and common sense in the selection and use of slings. Slings must be selected in accordance with their intended use, based upon the size and type of load and the environmental conditions of the workplace. All slings must be visually inspected before use to ensure that there is no obvious damage.

A well-trained operator can prolong the service life of equipment and reduce costs by avoiding the potentially hazardous effects of overloading equipment, operating it at excessive speeds, taking up slack with a sudden jerk, and suddenly accelerating or decelerating equipment. The operator can look for causes and seek corrections whenever a danger exists. He or she should cooperate with co-workers and supervisors and become a leader in carrying out safety measures - not merely for the good of the equipment and the production schedule, but, more importantly, for the safety of everyone concerned.

SLING TYPES

The dominant characteristics of a sling are determined by the components of that sling. For example, the strengths and weaknesses of a wire rope sling are essentially the same as the strengths and weaknesses of the wire rope of which it is made.

Slings are generally one of six types: chain, wire rope, metal mesh, natural fiber rope, synthetic fiber rope, or synthetic web. In general, use and inspection procedures tend to place these slings into three groups: chain, wire rope and mesh, and fiber rope web. Each

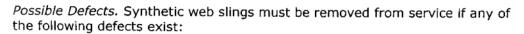
type has its own particular advantages and disadvantages. Factors that should be taken into consideration when choosing the best sling for the job include the size, weight, shape, temperature, and sensitivity of the material to be moved, as well as the environmental conditions under which the sling will be used.

Synthetic Web Slings

Synthetic web slings offer a number of advantages for rigging purposes. The most commonly used synthetic web slings are made of nylon, dacron, and polyester. They have the following properties in common:

- Strength can handle load of up to 300,000 lbs.
- Convenience can conform to any shape.
- Safety will adjust to the load contour and hold it with a tight, non-slip grip.
- Load protection will not mar, deface, or scratch highly polished or delicate surfaces.
- Long life are unaffected by mildew, rot, or bacteria; resist some chemical action; and have excellent abrasion resistance.
- Economy have low initial cost plus long service life.
- Shock absorbency can absorb heavy shocks without damage.
- Temperature resistance are unaffected by temperatures up to 180°F.

Each synthetic material has its own unique properties. Nylon must be used wherever alkaline or greasy conditions exist. It is also preferable when neutral conditions prevail and when resistance to chemicals and solvents is important. Dacron must be used where high concentrations of acid solutions - such as sulfuric, hydrochloric, nitric, and formic acids - and where high-temperature bleach solutions are prevalent. (Nylon will deteriorate under these conditions.) Do not use dacron in alkaline conditions because it will deteriorate; use nylon or polypropylene instead. Polyester must be used where acids or bleaching agents are present and is also ideal for applications where a minimum of stretching is important.



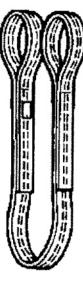
- Acid or caustic burns,
- Melting or charring of any part of the surface,
- Snags, punctures, tears, or cuts.
- Broken or worn stitches.
- Wear or elongation exceeding the amount recommended by the manufacturer, or
- Distortion of fittings.

SAFE LIFTING PRACTICES

Now that the sling has been selected (based upon the characteristics of the load and the environmental conditions surrounding the lift) and inspected prior to use, the next step is learning how to use it *safely*. There are four primary factors to take into consideration when safely lifting a load. They are (1) the size, weight, and center of gravity of the load; (2) the number of legs and the angle the sling makes with the horizontal line; (3) the rated capacity of the sling; and (4) the history of the care and usage of the sling.

Size, Weight, and Center of Gravity of the Load

The center of gravity of an object is that point at which the entire weight may be considered as concentrated. In order to make a level lift, the crane hook must be directly above this point.



While slight variations are usually permissible, if the crane hook is too far to one side of the center of gravity, dangerous tilting will result causing unequal stresses in the different sling legs. This imbalance must be compensated for at once.

Number of Legs and Angle with the Horizontal

The rated capacity of a sling varies depending upon the type of sling, the size of the sling, and the type of hitch. Operators must know the capacity of the sling. Charts or tables that contain this information generally are available from sling manufacturers. The values given are for *new* slings. Older slings must be used with additional caution. Under no circumstances shall a sling's rated capacity be exceeded.

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History of Care and Usage

The mishandling and misuse of slings are the leading causes of accidents involving their use. The majority of injuries and accidents, however, can be avoided by becoming familiar with the essentials of proper sling care and usage.

Proper care and usage are essential for maximum service and safety. Slings must be protected from sharp bends and cutting edges by means of cover saddles, burlap padding, or wood blocking, as well as from unsafe lifting procedures such as overloading.

Before making a lift, check to be certain that the sling is properly secured around the load and that the weight and balance of the load have been accurately determined. If the load is on the ground, do *not* allow the load to drag along the ground. This could damage the sling. If the load is already resting on the sling, ensure that there is no sling damage prior to making the lift.

Next, position the hook directly over the load and seat the sling squarely within the hook bowl. This gives the operator maximum lifting efficiency without bending the hook or overstressing the sling.

Wire rope slings are also subject to damage resulting from contact with sharp edges of the loads being lifted. These edges can be blocked or padded to minimize damage to the sling.

After the sling is properly attached to the load, there are a number of good lifting techniques that are common to all slings:

- Make sure that the load is not lagged, clamped, or bolted to the floor.
- Guard against shock loading by taking up the slack in the sling slowly. Apply power cautiously so as to prevent jerking at the beginning of the lift, and accelerate or decelerate slowly.
- Check the tension on the sling. Raise the load a few inches, stop, and check for proper balance and that all items are clear of the path of travel. Never allow anyone to ride on the hood or load.
- Keep all personnel clear while the load is being raised, moved, or lowered. Crane or hoist operators should watch the load at all times when it is in motion.

Finally, obey the following "nevers:"

Never allow more than one person to control a lift or give signals to a crane or hoist operator except to warn of a hazardous situation. Never raise the load more than necessary. Never leave the load suspended in the air. Never work under a suspended load or allow anyone else to.

Once the lift has been completed, clean the sling, check it for damage, and store it in a clean, dry airy place. It is best to hang it on a rack or wall.

Remember, damaged slings cannot lift as much as new or well-cared for older slings. Safe and proper use and storage of slings will increase their service life.

MAINTENANCE OF SLINGS

Fiber Ropes and Synthetic Webs

Fiber ropes and synthetic webs are generally discarded rather than serviced or repaired. Operators must always follow manufacturer's recommendations.

SUMMARY

There are good practices to follow to protect yourself while using slings to move materials. First, learn as much as you can about the materials with which you will be working. Slings come in many different types, one of which is right for your purpose. Second, analyze the load to be moved - in terms of size, weight, shape, temperature, and sensitivity - then choose the sling which best meets those needs. Third, always inspect all the equipment before and after a move. Always be sure to give equipment whatever "in service" maintenance it may need. Fourth, use safe lifting practices. Use the proper lifting technique for the type of sling and the type of load.

Safe Lifting Practices

- Never allow more than one person to control a life
- Never allow more than one person to give signals to the hoist operator EXCEPT to warn off a hazardous situation
- Never raise the load more than necessary
- Never leave the load suspended in the air
- Never allow anyone to work under a suspended load
- Never shorten slings with knots
- Never allow the sling legs to be kinked
- Never place hands or fingers between the sling and its load
- Never use shock loading
- > Never pull a sling from under a resting load
- Never drag the sling on the ground
- Never use a sling with punctures, tears, or cuts